



DPR Club Records November 2025

Category	1 Mile	2 Mile Handicap pre 2019	2 Mile Handicap/Dash post 2019	2 mile Handicap/Dash in the park	5 Kilometre	5 Mile	10 Kilometre	10 Mile	13.1 Mile (1/2 M)	20 Mile	26.2 Mile (M)
Senior Male	Paul Griffiths	Andrew Tappin	James Hewlett / Carlisle King	Carlisle King	Paul Griffiths	John Quaintance	John Quaintance	John Burcham	Andy Tappin	Andy Tappin	John Quaintance
18-39	4:54	11:12	11.05	10.55	16:46	27:01	33:20	56:06	1:17:01	2:09:57	2:43:49
	Dulwich 11.7.06		February 2025 / April 2025	May 2024	Dulwich 3.12.05	Bromley 17.8.86	Battersea 2.8.87	Woking 7.3.93	Pdk Wood 1.4.12	Surrey Spitfire 18.03.12	London 22.4.90
Senior Female	Victoria Pritchard	Jo Woods	Amanda Larrington	Alicky Sussman	Amanda Larrington	Susan Blackett	Susan Blackett	Susan Blackett	Debbie Lewis	Susan Smith	(when over 40)
18-39	06:08:00	13:48	13.08	12.36	19.38	28:55	37:53	59:52	1:19:39	2:37:36	Debbie Lewis
	July 2008	March 2010	March 2024	May 2024 (when over 50)	Dulwich 1.11.25 (when over 40)	Welwyn 5.4.99	Wimbledon 8.3.98	Cab. Patch 26.3.99	Harrow 6.11.94	Thanet 2.3.03 (when over 40)	Dublin 25.10.93
Veteran 1 Male	Zach Bredemear	Eric Richardson	Zach Bredeamer	Zach Bredemear	Zach Bredemear	John Quaintance	Brian Everitt	John Quaintance	Brian Everitt	Steve Fletcher	John Quaintance
40-49	05:22	12:31	11:56	11.44	17.16	27:28	35:16	57:35	1:19:40	2:34:17	2:43:49
	June 2023	May 2010	February 2022	June 2024	Battersea 01 Dec 2024 (when over 50)	Battersea 6.5.89	Dulwich 8.10.89	Cantebury 28.1.90	Tilbury 22.10.89	Thanet 7.3.04	London 22.4.90
Veteran 1 Female	Amanda Larrington	Susan Smith	Amanda Larrington	Alicky Sussman	Amanda Larrington	Amanda Larrington	Susan Smith	Susan Smith	Amanda Larrington	Susan Smith	Susan Smith
40-49	06:10	14:08	13.08	12.36	19:38	32:55	42:47	69:18	1:31:32	2:37:36	3:26:51
	May 2025		March 2024	May 2024 (when over 50)	Dulwich 1.11.25	Dulwich 5.10.25	Dulwich 5.10.08 (when over 50)	Woking 5.3.96	Walton-on-T 26.10.25	Thanet 2.3.03	Am'dam 16.10.05 (when over 50)
Veteran 2 Male	Zach Bredemear	Dave Smith	Beth Simpson	Zach Bredemear	Zach Bredemear	Brian Everitt	Zach Bredemear	Zach Bredemear	Zach Bredemear	John Turner	Zach Bredemear
50-59	05:22	12:58	12:34	11.44	17.16	29:31	36:37	60:35	1:23:36	2:24:10	02:49:41
	June 2023	April 2012	December 2019	June 2024	Battersea 01 Dec 2024	Southwark 26.6.94	Battersea Aug 2023	Cabb Patch Oct 24	Big Half Sept 2023	Thanet 2.3.03	Jönköping, Sweden 31.08.24
Veteran 2 Female	Alicky Sussman	Susan Smith	Alicky Sussman	Alicky Sussman	Susan Smith	Alicky Sussman	Susan Smith	Alicky Sussman	Alicky Sussman	Susan Smith	Susan Smith
50-59	06:12	14:13	13.10	12.36	20:34	34.13	42:47	01:12:05	1:35:52	2:41:28	3:26:51
	May 2024		Feb 2024	May 2024	Dulwich 29.11.08	Perivale 30.06.24	Dulwich 5.10.08	Cabbage P 19.10.25	Hackney May 2024	Thanet 5.3.06	Am'dam 16.10.05
Veteran 3 Male	David Mullany		David Mullany	David Mullany	David Mullany	Bernard Simmons	Bernard Simmons	Simmons/Hodgson	Derek Hodgson		Derek Hodgson
60-69	06:11		14:18	13:56	21:42	37:23	45:45	1:16:49	1:42:34		3:54:53
	September 2018		December 2021	May 2024	Dulwich Nov 18	Perivale 7.12.08	Hyde Park 01.01.09	15.02.08 / 04.10.15	Gt Nth Run 16.9.15		London 26.4.15
Veteran 3 Female	Susan Smith		Susan Smith	Gillian Cavell	Susan Smith	Susan Smith	Susan Smith	Susan Smith	Susan Smith		Susan Smith
60-69	6:55		15:41	17.28	22:23	38:17	49:08	1:17:08	1:41:29		3:50:38
	Dulwich 14.7.15		May 2022	May 2023	Dulwich Nov 2015	Vic Park Apr 2018	Gunners June 2017	Cabb Patch Oct 19	Big Half Mar 2020		Abingdon 23.10.16
Veteran 4 Male	Bernard Simmons			Dave Harris	Bernard Simmons	Bernard Simmons	Bernard Simmons	Bernard Simmons	Bernard Simmons		
70-79	07:29			18:50	25:01	42:40	52:17	01:30:39	01:53:47		
	September 2018			June 2024	November 2018	June 2018	February 2018	Cabbage P Oct 2018	April 2018		
Veteran 4 Female	Susan Smith		Angela Emmott	Angela Emmott	Rosemary Harris	Rosemary Harris	Susan Smith	Susan Smith	Susan Smith		
70-79	07:53		23:20	25.03	25:14	40.57	51:14	01:25:07	01:58:18		
	Dulwich 18.6.25		February 2020	May 2023	Dulwich 16.11.24	Dulwich 6.10.24	Battersea 10.8.25	Cabbage P 19.10.25	Big Half 7.9.25		