

**XC Club Champs - Hurst Green, Oxted**

**15th November 2025**

**31 runners**

**Medal winners in bold**

		<b>Ladies</b>	<b>6k</b>		
<b>Position</b>	<b>Name</b>		<b>Time</b>	<b>Age-graded score</b>	<b>Medal*</b>
<b>1</b>	<b>Amanda Larrington</b>		<b>00:27:21</b>	<b>68.83%</b>	<b>F1</b>
<b>2</b>	<b>Sara Bredemear</b>		<b>00:30:24</b>	<b>69.49%</b>	<b>F2 &amp;AG5</b>
<b>2</b>	<b>Sara Barman</b>		<b>00:31:15</b>	<b>63.69%</b>	<b>F3</b>
4	Mathilde Durand-Delacre		00:31:30	53.75%	
5	Katia Hadaschik		00:32:31	61.21%	
6	Andrea Bauer		00:32:52	66.73%	
<b>7</b>	<b>Rosemary Harris</b>		<b>00:32:53</b>	<b>76.43%</b>	<b>AG2</b>
8	Midge Cameron		00:33:01	67.28%	
9	Lucy Ross		00:33:22	60.35%	
10	Clare Dunne		00:34:18	57.37%	
11	Jenn Owen		00:35:36	53.45%	
12	Alison May		00:35:48	49.33%	
13	Jess Hodgson		00:36:39	50.30%	
14	Sara Scott		00:37:01	50.86%	
15	Alison Woolley		00:37:03	53.11%	
16	Oghene Aaron		00:39:12	53.24%	
17	Emma Embleton		00:39:39	43.28%	
18	Linda Griffiths		00:39:40	56.73%	
19	Philippa Badnell		00:40:01	54.12%	
20	Alex Markovich		00:40:53	48.13%	
21	Lucy White		00:42:54	39.69%	

		<b>Men</b>	<b>8k</b>		
<b>Position</b>	<b>Name</b>		<b>Time</b>	<b>Age-graded score</b>	<b>Medal*</b>
<b>1</b>	<b>Nat Lowis</b>		<b>00:31:08</b>	<b>67.18%</b>	<b>M1</b>
<b>2</b>	<b>Zach Bredemear</b>		<b>00:31:35</b>	<b>76.74%</b>	<b>M2&amp;AG1</b>
<b>3</b>	<b>Tim Murray</b>		<b>00:33:00</b>	<b>70.45%</b>	<b>M3&amp;AG4</b>
4	Faheem Rokadiya		00:33:25	62.73%	
5	Ben Frankel		00:36:06	63.88%	
<b>6</b>	<b>Paul Conway</b>		<b>00:36:40</b>	<b>72.25%</b>	<b>AG3</b>
7	Adrian Frost		00:41:02	67.05%	
8	Alan Brown		00:42:35	61.63%	
9	Chris Ince		00:45:56	51.45%	
10	David Harris		00:51:28	55.72%	

\*

F = Female

M = Male

AG = Age graded

