

Dulwich Park Runners – 2025 Attendance Award

The Award supplements the existing participation awards for the Cross Country and Summer League. These will continue.

The Attendance Award includes these events plus volunteering at the Beginners Course.

The awarding of points is as follows:

One point for each of the 7 Club Championships that you take part in (max 7 points)

One point for each of the Surrey League Cross-Country fixtures (max 3 points because one of them is also a Club Championship)

One point for each Summer League fixtures you take part in, or if you volunteer at the Dulwich Summer League event (max 4 points as Battersea Summer League is the 10k Club Championship)

One point for volunteering at the special DPR event on 5th October (max one point, or you can also be awarded the point for running in the event as it is one of the Club Championships)

Three points if you volunteer a minimum of 4 weeks out of the 8 weeks of a Beginners Course, and 4 points if you volunteer at 7 of the weeks (max 8 points as there are two courses each year)

One point for taking part in a minimum of 8 x Dulwich Dash events (max 1 point)

The maximum number of points you can score in the year is 24 points.

There will be a shield for the winner and prizes for 2nd and 3rd.

Committee members will be exempt from winning a prize.

In the event of a tie the count back will be the member who took part in most Dash events in the year.

Prizes will be awarded at the 2026 Annual Dinner.

To enter the London Marathon ballot for the England Athletics place(s) for 2026 you must score a minimum of 2 points by the time the ballot takes place.