



DPR Club Championships 2024

	1 mile	5k	5 mile	10k	10 mile	Half marathon	Cross country
Date	May	November	October	August	October	April	November
Location	Dulwich Park	Dulwich Park	Dulwich Park	Battersea Park	Cabbage Patch 10	The Kew Half	Oxted
1st Female	Alicky Sussman	Melissa Barrett	Susie Cooper	Amanda Larrington	Nicole Teszke	Amanda Larrington	Ib Lilley
1st Male	Carlisle King	Zach Bredemear	Carlisle King	Carlisle King	Zach Bredemear	David Whitehead	Carlisle King
2nd Female	Nicole Teszke	Ib Lilley	Andrea Bauer	Nicole Teszke	Susan Smith	Emma Embleton	Alice O'Sullivan
2nd Male	Nathaniel Lowis	James Hewlett	Ronnie Patel	Ronnie Patel	Carlisle King	James Gribben	Zach Bredemear
3rd Female	Hayley Martin	Andrea Bauer	Martha Brownlow	Martha Brownlow	Melissa Barrett	Lucy Ross	Katia Hadaschik
3rd Male	Ronnie Patel	Steve Richards	Derek Arnold	Nathaniel Lowis	Nat Lowis	Tim Griffiths	Darren Cheek
1st age graded	Alicky Sussman	Zach Bredemear	Rosemary Harris	Susan Smith	Susan Smith	Amanda Larrington	Rosemary Harris (1st F)
2nd age graded	David Mullany	Gillian Cavell	Susan Smith	Rosemary Harris	Zach Bredemear	Lucy Ross	Zach Bredemear (1st M)
3rd age graded	Carlisle King	Andrea Bauer	Andrea Bauer	Amanda Larrington	Andrea Bauer	Tim Griffiths	Gillian Cavell (2nd F)
							Carlisle King (2nd M)
							Katia Hadaschik (3rd F)
							Alan Brown (3rd M)