

10 Mile Club Champs - Cabbage Patch 10**20th October 2024****63 runners****Medal winners in bold**

Position	Name	Time	Age-graded score	Medal*
1	Zachary Bredemear	01:00:35	82.48%	M1 & AG2
2	Carlisle King	01:02:00	70.60%	M2
3	Nathaniel Lewis	01:04:35	67.74%	M3
4	James Hewlett	01:08:08	64.46%	
5	Jules Irengé	01:12:19	64.05%	
6	Ben Frankel	01:17:02	61.62%	
7	Chris Bloomfield	01:18:17	58.22%	
8	Nicole Teszke	01:18:23	65.14%	F1
9	Gideon Gray	01:18:47	55.53%	
10	Darren Cheek	01:19:10	60.98%	
11	Susan Smith	01:22:27	86.32%	F2 & AG1
12	Zoltan Benedek	01:22:49	63.69%	
13	Melissa Barrett	01:23:35	64.90%	F3
14	Andrea Bauer	01:25:46	72.24%	AG3
15	Martha Brownlow	01:26:46	56.51%	
16	Kate Devos	01:27:49	65.47%	
17	Will Tyrell	01:27:53	49.78%	
18	Ib Lilley	01:28:29	59.01%	
19	Alex Gwinett	01:29:56	55.56%	
20	Clare Dunne	01:31:07	60.90%	
21	Lucy Ross	01:31:37	62.01%	
22	Katia Hadaschik	01:31:55	61.81%	
23	Conor Mills	01:31:59	49.17%	
24	Mark Schofield	01:32:02	54.30%	
25	David Whitehead	01:32:04	48.23%	
26	Emma Embleton	01:32:55	54.17%	
27	Jenya Brown	01:34:14	58.89%	
28	Alex Barclay	01:35:26	55.78%	
29	Helen Branch	01:35:46	60.03%	
30	Natalie Fitz-Costa	01:36:13	50.96%	
31	Gillian Cavell	01:36:23	71.70%	
32	Jessica Hodgson	01:36:29	54.11%	
33	David Smith	01:37:49	58.24%	
34	Juliette Gray	01:37:57	53.30%	
35	Rachel Griffiths	01:38:31	60.54%	
36	Marie Stephenson	01:39:30	57.78%	
37	David Bevis	01:40:06	43.71%	
38	Chris Ince	01:42:59	47.28%	
39	Fiona Callister-Davies	01:44:34	54.33%	
40	Jackie Yap	01:44:51	50.69%	
41	Zsuzsanna Barkanyi	01:46:11	54.14%	
42	Oghene Aaron	01:46:55	55.10%	
43	Lyn Donovan	01:47:44	54.02%	
44	Heather Larsen	01:47:51	50.30%	

45	Claire Stevens	01:47:52	52.05%
46	Di Suter	01:47:57	58.92%
47	Sally Lewis	01:47:57	54.57%
48	Caroline George	01:48:21	57.93%
49	Alison May	01:48:46	46.38%
50	Tess Davies	01:49:23	45.66%
51	Kate Crowe	01:50:21	55.43%
52	Jo Spencer Brooks	01:50:21	48.17%
53	Maurice McParland	01:52:20	48.30%
54	Denise Blake	01:53:54	53.70%
55	Bill Cumming	01:53:54	47.63%
56	Jo Fox	01:54:24	47.95%
57	Manon Dark	01:55:16	42.51%
58	Alison Woolley	01:55:34	47.47%
59	Paula McMahan	01:56:07	51.36%
60	Jill Gauntlett	01:56:40	53.80%
61	Mary Mangan	01:58:21	53.04%
62	Clementina Cross	01:58:22	47.44%
63	Blanche Armstrong	02:00:57	42.82%

*

F = Female

M = Male

AG = Age graded

