



August Dash

Position	Name	Time
1	Niteen Sharma	19:16.1
2	Mona Sharma	18:56.7
3	Georgia Coxhead	17:58.4
4	Clare Dunne	15:21.3
5	Anna Gregorowski	17:20.7
6	Blanche Armstrong	19:23.1
7	Gillian Cavell	17:55.2
8	Andrew Wells	13:36.0
9	Charlotte Phillipson	13:46.7
10	Clara Borgerth	17:58.0
11	David Whitehead	13:56.7
12	Alan Brown	14:15.2
13	Chris Bloomfield	14:29.4
14	Carlisle King	11:02.7
15	Louise McKeown	18:11.8
16	Will Tyrrell	14:05.8
17	David Mullany	14:17.9
18	Ben Frankel	12:40.0
19	Martha Brownlow	15:45.0
20	Jo Spencer	17:34.1
21	Mark Schofield	15:27.5
22	James Hewlett	11:41.3
23	Andrea Bouer	16:28.2
24	Emily Williams	22:28.1
25	Lucy Ross	16:21.1
26	Oghene Aaron	19:44.8
27	Jackie Yap	17:15.8
28	Jess Hodgson	17:18.6
29	Patrick Regnault	24:58.8
NEW	Darren Cheek	13:21.4
NEW	Tess Davies	17:34.4
NEW	Jen Owen	17:47.9
NEW	Faheem Rokadiya	12:57.1
NEW	Charlotte Wheeler	14:19.7
NEW	Alison Mat	18:06.4
NEW	Paul Conway	15:02.5
NEW	Ryan Clifford	13:00.8
NEW	Jo Forest	13:33.1
NEW	Abel Banfield	13:43.7