



Parkrun Winter Ladder 2023 - week 10 results

Name	Surname	Run/vol points	PB points	Random bonus points	Points this week	Points so far
Shamam	James	10		2	12	121
David	Bevis	10			10	118
Gillian	Cavell	10			10	107
Mark	Schofield	10			10	105
Chris	Ince	10			10	104
Lucy	Ross	10		2	12	104
Alan	Brown	10			10	100
Oghene	Aaron				0	99
David	Mulany	10			10	99
Jill	Gauntlett	10			10	99
Maurice	MacParland	10		2	12	98
David	Whitehead	10			10	94
Clare	Dunne				0	89
Natalie	FitzCosta	10		2	12	86
Sarah	Ellis-Jones				0	86
Zoe	Wilson-Young	10			10	83
Conor	Mills	10			10	80
Angela	Emmott	10			10	74
Linda	Florence	10			10	71
Homyar	Pahlan	10	5		15	71
Rob	Coles	10		2	12	66
Marie	Stephenson				0	66
Nadika	Jouy	10			10	66
Hayley	Martin	10		4	14	65
Ella	Harold	10		2	12	63
Manon	Dark	10			10	62
Helen	Branch	10			10	58
Jules	Irengé				0	56
Julia	Gale	10		2	12	54
Nina	Kenton				0	54
Anna	Gregorowski				0	52
Elizabeth	Jenn				0	50
Sonia	Burrows				0	46
Mohsen	Razmjooei				0	45
Ib	Lilley	10		2	12	44
Emma	Embleton	10		2	12	43
Katarina	Burnet				0	42
Sandra	White				0	42
Stephen	Roberts	10			10	42
Jo	Fox				0	41
Roslyn	Turner	10			10	41
James	Hewlett				0	39
Derek	Hodgson				0	37
Ronnie	Patel	10		2	12	35
Tim	Murray				0	35
Nat	Lewis				0	33
Karen	Azaadi				0	32
Philippa	Badnell	10			10	32
Lucy	Hayhoe				0	32
Patrick	Regnault				0	31
Jane	Heap				0	31
Shona	Riach				0	30
Sally	Lewis				0	28
Susie	Cooper				0	28
Clare	Steven				0	26
Linda	Talbot				0	24
Sarah	Bailey				0	23
Andrea	Bauer	10		2	12	23
Laura	Griffin				0	22
Jessica	Hodgson				0	22
Jacq	Kerr				0	22
Paul	Miner				0	22
Louise	McKeown				0	20
Mark	Davidson				0	20
Bernard	Simmons				0	20
Joe	Travis				0	20
Hannah	Wailoo				0	20
Gary	Stewart				0	20
Francesca	Rayneau				0	20
Barbara	Wren				0	20
Jackie	Yap	10			10	20
Angus	Norton				0	17
Karen	Odili				0	17
Catherine	McLaughlan				0	16
Julia	Smith				0	16
Lena	Levy				0	16
Di	Suter				0	15
Katia	Hadaschik				0	14
Denise	Blake				0	13
Claire	Stevens				0	12
Caroline	George				0	12
Louise	Fernandez				0	12
Rachel					0	12
Dominic	Collard				0	12
Jo	Spencer				0	11
Lauren	Hughes				0	10
Natasha	Bell				0	10
Laura	Suter				0	10
Lucy	White				0	10
Santosh	Shirodkar				0	10
Heather	Larsen				0	10
Raissa	McS				0	2
Adam	Williams				0	2
Szusanna	Barkanyi				0	2
Pamela	Mucci				0	2