



Parkrun Winter Ladder 2023 - week 9 results

Name	Run/vol points	PB points	Power of 10 bonus	40 th Anniversary points	Points this week	Points so far
Sharnan James	10		6		16	109
David Bevis	10		6		16	108
Oghene Aaron	10		1		11	99
Gillian Cavell	10		1		11	97
Mark Schofield	10		3		13	95
Chris Ince	10		1		11	94
Lucy Ross	10		3		13	92
Alan Brown	10		3		13	90
David Mullany					0	89
Clare Dunne					0	89
Jill Gauntlett	10		1		11	89
Maurice MacParland	10		1		11	86
Sarah Ellis-Jones	10		3		13	86
David Whitehead	10		1		11	84
Natalie FitzCosta	10		2		12	74
Zoe Wilson-Young					0	73
Conor Mills	10	5	1	2	18	70
Marie Stephenson	10		3		13	66
Angela Emmott					0	64
Linda Florence					0	61
Homyar Pahlan					0	58
Jules Irengé					0	56
Nadika Jouv	10		3		13	56
Nina Kenton	10		1		11	54
Rob Coles	10		1		11	54
Anna Gregorowski	10		2		12	52
Manon Dark	10		2		12	52
Ella Harold					0	51
Hayley Martin	10		1		11	51
Elizabeth Jenn					0	50
Helen Branch					0	48
Sonia Burrows	10		3		13	46
Mohsen Razmjooei					0	45
Katarina Burnet	10		2		12	42
Julia Gale	10		2		12	42
Sandra White	10		1		11	42
Jo Fox					0	41
James Hewlett					0	39
Derek Hodgson					0	37
Tim Murray	10		3		13	35
Nat Lewis	10		2		12	33
Stephen Roberts					0	32
Karen Azaadi					0	32
Ib Lilley					0	32
Lucy Hayhoe	10		2		12	32
Patrick Regnault					0	31
Emma Embleton	10		1		11	31
Jane Heap	10		1		11	31
Roslyn Turner	10		1		11	31
Shona Riach					0	30
Sally Lewis					0	28
Susie Cooper					0	28
Clare Steven					0	26
Linda Talbot					0	24
Sarah Bailey					0	23
Ronnie Patel					0	23
Laura Griffin					0	22
Jessica Hodgson					0	22
Jacq Kerr	10		1		11	22
Philippa Badnell	10		1		11	22
Paul Miner	10		2		12	22
Louise McKeown					0	20
Mark Davidson					0	20
Bernard Simmons					0	20
Joe Travis					0	20
Hannah Wailoo					0	20
Gary Stewart					0	20
Francesca Rayneau					0	20
Barbara Wren					0	20
Angus Norton					0	17
Karen Odili					0	17
Catherine McLaughlan					0	16
Julia Smith					0	16
Lená Levy	10	5	1		16	16
Di Suter					0	15
Katia Hadaschik					0	14
Denise Blake					0	13
Caroline George					0	12
Louise Fernandez					0	12
Rachel					0	12
Dominic Collard					0	12
Lauren Hughes					0	10
Jackie Yap					0	10
Natasha Bell					0	10
Laura Suter					0	10
Lucy White					0	10
Santosh Shirodkar					0	10
Heather Larsen					0	10
Raissa McS					0	2
Adam Williams					0	2
Szusanna Barkanyi					0	2
Pamela Mucci					0	2