



**Club Champs 5k 2023 – Dulwich Parkrun 04.11.23**  
**42 runners Medal winners in bold**

	<b>Time</b>		<b>Age Grading</b>	
<b>Ronnie PATEL</b>	<b>19:09</b>		<b>68.49</b>	<b>M1 AG3</b>
<b>James HEWLETT</b>	<b>19:20</b>	<b>PB</b>	<b>67.5</b>	<b>M2</b>
<b>Tim MURRAY</b>	<b>20:32</b>		<b>69.56</b>	<b>M3 AG2</b>
Angus NORTON	22:01	PB	66.99	
<b>David MULLANY</b>	<b>22:57</b>		<b>73.06</b>	<b>AG1</b>
David WHITEHEAD	23:01	PB	57.64	
Jules IRENGE	23:40		58.52	
<b>Susie COOPER</b>	<b>23:54</b>		<b>65.34</b>	<b>F1</b>
David BEVIS	24:44	PB	52.16	
<b>Lucy ROSS</b>	<b>24:50</b>		<b>68.32</b>	<b>F2</b>
Mark SCHOFIELD	24:53		59.75	
<b>Joe TRAVIS</b>	<b>25:54</b>		<b>51.54</b>	
<b>Katia HADASCHIK</b>	<b>25:56</b>		<b>65.42</b>	<b>F3</b>
Catherine MCLAUGHLIN	26:39	PB	58.6	
Clare DUNNE	26:51		61.7	
Alan BROWN	27:28		58.37	
Chris INCE	27:33		52.69	
Derek HODGSON	27:39		62.39	
Natalia FITZ-COSTA	28:06		52.67	
Shannan JAMES	29:05	PB	50.89	
Jo SPENCER	29:38		53.60	
Maurice MCPARLAND	30:00		53.44	
Karen AZAADI	30:03		52.36	
Oghene AARON	30:05		58.61	
Marie STEPHENSON	30:08		57.02	
Diane SUTER	30:15		63.25	
Denise BLAKE	30:17		60.59	
Claire STEVENS	30:18	PB	55.34	
Homyar PAHLAN	30:31	PB	44.73	
Jacqueline KERR	30:32		59.28	
Sonia BURROWS	31:16		52.99	
Julia SMITH	31:37		58.83	
Caroline GEORGE	31:32		59.83	
Nadika JOUY	32:04		50	
Sally LEWIS	33:24		52.79	
Philippa BADNELL	33:19		55.08	
Sandra WHITE	33:21		54.27	
Sarah BAILEY	35:48		49.26	
Linda TALBOT	36:32		57.21	
Nina KENTON	37:59		46.42	
Karyn ODILI	37:59		39.23	
Angela EMMOTT	53:20		44.66	Tail walker