



**Club Champs 5 mile – Dulwich Park**

**17.09.23**

**19 runners**

**Medal winners in bold**

<b>Ronnie Patel</b>	<b>32:16.9</b>	<b>66.6</b>	<b>M1</b>
<b>Steve Lewis</b>	<b>34:12.4</b>	<b>66.02</b>	<b>M2</b>
<b>Tim Murray</b>	<b>34:24.3</b>	<b>67.72</b>	<b>M3 AG3</b>
<b>Alicky Sussman</b>	<b>36:56.9</b>	<b>73.8</b>	<b>F1, AG1</b>
Nat Lewis	37:37.9	56.65	
Chris Bloomfield	39:35.4	56.2	
Rob Coles	39:56.8	63.88	
Will Tyrell	42:02.9	50.7	
<b>Katia Hadaschik</b>	<b>44:05.7</b>	<b>62.55</b>	<b>F2</b>
<b>Di Suter</b>	<b>44:36.4</b>	<b>69.09</b>	<b>F3, AG2</b>
Santosh			
Shirodkar	44:46.4	51.63	
Lucy Ross	45:07.3	61.13	
Alan Brown	46:31.5	56.31	
Juliette gray	49:27.6	51.39	
Helen Branch	50:02.9	55.75	
Jackie Yap	52:34.4	49.17	
Lucy White	56:09.6	43.09	
Chris Ince	56:09.9	42.14	
Kit Burnet	58:02.6	51.74	