



AGM 2023

Agenda Item 5

Plan for 2023 (January-December)

(working document)

Objectives	Targets
Financial	Achieve out-turn in line with budget
Membership	200 senior members by end of December 2023 (including social and youth members) Develop strategy to ensure future success of the club incorporating inclusivity and diversity
Member involvement	Recruit committee members to designated posts (11) Organise mid year forum to discuss ideas, progress and development of strategy
Regular running activities throughout the year	Continue Tuesday evening club nights Continue Thursday coached sessions Continue Sunday morning Weekly mid-week day time runs
Socials	Organise minimum of 12 events (in addition to post Tuesday events)
Community	Raise minimum of £200 for SDCAS Organise at least one community event
'Field trips'	Minimum 2 trips
Cross country- Women	Field minimum of 15 runners in each event in 2023
	Be in higher position than final 2022-3 season position after November 2023 event
Cross Country - Men	Field minimum of 10 runners in each event in 2023
	Be in higher position than final 2022-3 season position after November 2023 event
Summer league	Field minimum of 12 runners in each event
	Climb one place higher in the standings
Other cross-country	Field 15 runners in a non-Surrey league event (achieved-nearly 30 took part)
Dulwich Dash	Complete full programme of races in 2022
	Achieve average turnout of c25 members each month
Club Championships	Complete the full programme of championship races
	Aim for turnout as follows:

	1 mile: 40 participants 5k: 40 5 mile: 20 10k: 20 10 mile: 20 Half marathon: 20 Men's cross country: 15 Women's cross country: 20
Beginners' Courses	Complete two programmes Recruit minimum of 25 new members from the programmes
Parkrun competitions	Complete two parkrun ladder competitions
Family events	Organise at least one family event
Coaching	One member to complete EA coaching course.
Non-running events	Organise at least two talks/workshops or practical sessions on issues such as strength/endurance/nutrition/psychology/or practical coaching session.
Standards	Meet all seven EA standards (currently achieved)
Communication	Complete at least one newsletter per month Create newsletters in form of a blog so we can retain automatically on the website