

2019



DPR Club Championships 2019

	1 mile	5k	5 mile	10k	10 mile	Half marathon	Cross country
Date	May	November	June	July	October	April	Feb/Nov
Location	Dulwich Park	Dulwich Park	Dulwich Park (SL)	Regents Park	No run-Covid	Paddock Wood	
1st Female	Martha Brownlow	Susan Smith	Emma Embleton	Emma Embleton	Susan Smith	Martha Brownlow	Sara Cook
1st Male	Beth (Will) Simpson	Beth (Will) Simpson	Beth (Will) Simpson	Beth (Will) Simpson	David Mullany	Alan Brown	David Mullany
2nd Female	Clare Dunne	Emma Embleton	Martha Brownlow	Laura Griffin	Martha Brownlow	Lucy Ross	Martha Brownlow
2nd Male	David Mullany	David Mullany	Pete Chadwick	David Mullany	Alan Brown	David Mullany	Paul Croasdale
3rd Female	Sue Woodhead	Martha Brownlow	Laura Griffin	Myriam Zinga	Lucy Ross	Katia Hadaschick	Lucy Ross/Emma Embleton
3rd Male	Rufus Ince	Pete Chadwick	Mark Davidson	Alan Brown	Chris Ince	Paul Croasdale	Glenn Woodhead
1st age graded	Beth (Will) Simpson	Susan Smith	Beth (Will) Simpson	Susan Smith	Susan Smith	Bernard Simmons	Myriam Zinga (1 st F)
2nd age graded	David Mullany	Gillian Cavell	Bernard Simmons	Beth (Will) Simpson	David Mullany	Di Suter	David Mullany (1 st M)
3rd age graded	Sue Woodhead	David Mullany	Myriam Zinga	David Mullany	Bernard Simmons	David Mullany	Lucy Ross (2 nd F)
4th age graded	Bernard Simmons	Beth (Will) Simpson	Tim Griffiths	Bernard Simmons	Myriam Zinga	Alan Brown	Dave Harris (2 nd M)
5th age graded	Rufus Ince	Myriam Zinga	Emma Embleton	Myriam Zinga	Alan Brown	Lucy Ross	Sarah Cook (3 rd F) Glenn Woodhead (3 rd M)