



## 2022 Club Champs 5k – Dulwich Parkrun

19.11.22

47 runners Medal winners in bold

		Age Grading	
<b>Zachary BREDEMEAR</b>	<b>19:02</b>	<b>CR</b>	<b>Susan SMITH 86.36</b>
<b>James HEWLETT</b>	<b>19:21</b>	<b>PB</b>	<b>Rosemary HARRIS 85.35</b>
<b>Anton VON BORRIES</b>	<b>19:28</b>	<b>PB</b>	<b>Zachary BREDEMEAR 77.5</b>
Rob COLES	22:29		Gillian CAVELL 76.23
<b>Francesca RAYNEAU</b>	<b>23:02</b>		Anna GREGOROWSKI 69.2
Gary STEWART	23:36		Rob COLES 68.94
Santosh SHIRODKAR	24:15		James HEWLETT 67.18
<b>Susan SMITH</b>	<b>24:34</b>		Derek HODGSON 67.04
Mark SCHOFIELD	24:44		Anton VON BORRIES 66.27
<b>Rosemary HARRIS</b>	<b>25:15</b>		Francesca RAYNEAU 64.91
Derek HODGSON	25:29		Diane SUTER 63.77
Mark DAVIDSON	26:13		Barbara WREN 62.63
Anna GREGOROWSKI	26:31		Jacqueline KERR 62.25
Rebecca FURLONG	26:32		Dave HARRIS 59.76
Clare STEPHEN	26:37		Mark SCHOFIELD 59.64
Gillian CAVELL	27:00		Rebecca FURLONG 59.3
Caroline BRENNAN	27:10	<b>PB</b>	Mark DAVIDSON 58.61
Sonia BURROWS	28:25		Paula Anne MCMAHON 57.7
Jacqueline KERR	28:42	<b>PB</b>	Denise BLAKE 57.61
Dave HARRIS	28:52		Sonia BURROWS 57.6
Barbara Wren	29:18		Gary STEWART 56.99
Diane SUTER	29:35		Kate CROWE 56.77
Katia HADASCHIK	29:36		Katia HADASCHIK 56.64
Paula Anne MCMAHON	30:58		Caroline BRENNAN 56.32
Louise FERNANDEZ	30:59		Philippa BADNELL 56.3
Emma EMBLETON	31:03		Louise FERNANDEZ 56.21
Clare DUNNE	31:04		Clare STEPHEN 55.85
Zoe WILSON YOUNG	31:11		Rachel JONES 55.35
Chris INCE	31:12		Santosh SHIRODKAR 54.09
Lucy WHITE	31:13		Clare DUNNE 52.68
Denise BLAKE	31:25		Zoe WILSON YOUNG 52.49
Maurice MCPARLAND	31:26		Jane HEAP 52.37
Rachel JONES	31:28		Maurice MCPARLAND 50.58
Kate Crowe	31:53		Alan BROWN 49.02

Philippa BADNELL	32:09		Lynne STOCKBRIDGE	48.36
Deborah SEALY	32:20		Emma EMBLETON	47.77
Alan BROWN	32:26		Lucy WHITE	47.41
Ian FERNANDEZ	32:50		Rachel WYLIE	46.76
Rachel WYLIE	35:00		Jill GAUNTLET	46.39
Jane HEAP	35:20		Chris INCE	46.15
Sarah ELLIS JONES	35:11		Ian FERNANDEZ	46.04
Jo FOX	35:26		Sarah ELLIS JONES	46.04
Emma POND	39:01		Deborah SEALY	45.88
Jill GAUNTLET	39:01		Jo FOX	45.72
Lynne STOCKBRIDGE	39:01	PB	Sandra WHITE	45.27
Nina KENTON	39:28		Emma POND	45.15
Sandra WHITE	39:28			